

Multiple intelligences (Howard Gardner)

Verbal/linguistic	The ability to communicate well –using words, listening, speaking, dialogue with others
Visual/Spatial	Ability to create and use images, drawings, solve puzzles, visualise events and recognize shapes
Logical/Mathematical	The ability to reason well, interpret facts, sequencing, ranking, patterning, distilling arguments
Musical/Rhythmic	A talent for melody, beat, classical music, singing, playing, composing
Bodily/kinaesthetic	All about activity and movement, running, jumping, touching, feeling, performing, active learning
Interpersonal	Ability to interact and communicate easily, exude charisma, socialise, empathise with others
Intra-personal	Ability for self-analysis and self-reflection, contemplating, meditating, setting personal goals, self directed learning
Naturalist	environmental awareness, recognizing flora and fauna etc and using this knowledge productively eg hunting, farming, biological science
Spiritual Intelligence (Zohar and Marshal)	the capacity to make meaning – the soul's intelligence. Capacity to see life in wholes, not fragments, and to regenerate oneself. Ability to challenge rules and change behaviours
Emotional intelligence (Goleman)	Ability to understand one's own emotions, to empathise with others and to behave appropriately, to seek out the mature option and build a personal philosophy around it